

## Vegetables in season in Missouri by month

<b>Spring</b> March, April, May, Early June				
Food	March	April	May	June
Asparagus				
Beets				
Broccoli				
Cabbage				
Carrots				
Cauliflower				
Greens collards, kale, Swiss chard				
Kohlrabi				
Lettuce				
Onions, green				
Peas				
Radishes				
Spinach				
Turnips				

**Summer**  
Late June, July, August

Food	June	July	August
Bell Peppers			
Cucumbers			
Eggplant			
Garlic			
Green Beans			
Okra			
Onions, dry			
Potatoes			
Summer Squash			
Sweet Corn			

Fall September, October, November, December				
Food	September	October	November	December
Beets				
Broccoli				
Cabbage				
Carrots				
Cauliflower				
Greens collards, kale, Swiss chard				
Lettuce				
Pumpkin				
Radishes				
Spinach				
Sweet Potatoes				
Turnips				
Winter Squash				

Original Source: <http://extension.missouri.edu>